

Cedar Grove Activity Calendar

March 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Ramadan Starts 10:30am Card Bingo 2:15pm Mardi Gras Memories 3:00pm Treat Cart
2 10:00am Non-Denominational Church Service 10:30am Sensory Stimulation 11:00am Aromatherapy	3 10:30am One-to-One Visits - Vari 2:30pm Men's Group (SC) 	4 Mardi Gras Shrove Tuesday 10:30am Fun and Fitness/Exercise - Vari 10:30am Non-Denominational Church Service - CH 11:00am Walking/Wheeling - Vari 2:30pm Art Expression - Vari	5 Ash Wednesday 10:30am Roman Catholic Mass - CH 11:00am Walking/Wheeling - Vari 2:30pm Table Top Games - Vari	6 10:30am Yoga with Sheila- 2nd Floor 2:30pm Birthday Party with Deidrey - HL  5:30pm Travelogue 6:15pm Card Bingo	7 10:30am Manicure - Vari 11:00am Hand Massage - Vari 12:30 to 4:30 Pop up Shop with Loccitane Beauty in the Heritage Lounge 2:30pm Cognitive Games - Vari 3:30pm Reading - Vari	8 International Women's Day 10:30am Card Bingo 2:30pm Celebrating International Women's Day - HL  3:00pm Treat Cart INTERNATIONAL WOMEN'S DAY
9 Daylight Saving Begins 10:00am Non-Denominational Church Service 2:00pm Movie Matinee with Shamrock Shakes Movie Title: Irish Wish - SC	10 Start of the Pay Period 10:30am Active Games - Vari 11:00am Walking/Wheeling - Vari 2:00pm Decorating Crew - St. Patrick's Day 2:00pm Water Colour with Mia - CG	11 10:30am Chinese Social - CH 10:30am Fun and Fitness/Exercise - Vari 11:00am Walking/Wheeling - Vari 2:30pm Craft Corner - Vari	12 10:45am Music Therapy - Men & Music - CH 2:30pm Table Top Games - Vari	13 10:15am Resident Council - HL 2:30pm Budii System - Vari 5:30pm Music Concert - Loun 6:15pm Card Bingo	14 10:30am Hymn Sing - CH 10:30am Manicure - Vari 11:00am Reading Club - Vari	15 10:30am Card Bingo 2:00pm St. Patrick's Day Irish Dancers - HL 3:00pm Treat Cart
16 10:00am Non-Denominational Church Service 10:30am Sensory Stimulation 11:00am Aromatherapy 2:30pm St. Patrick's Day celebration - Vari 3:30pm Treat Cart - Vari	17 St. Patrick's Day 10:30am Roman Catholic Mass - CH  2:00pm One-to-One Visits - Vari	18 10:30am Fun and Fitness/Exercise - Vari 11:00am Walking/Wheeling - Vari 2:30pm Tea Experience with Celena Teas - HL 3:30pm Ipad Program-All Units - HL	19 10:30am Active Games - Vari 10:45am Music Therapy - Men & Music - CH 11:00am Walking/Wheeling - Vari 2:30pm Table Top Games - Vari 3:00pm Cognitive Games - Vari	20 First Day of Spring 10:30am Anglican Communion - CH 2:30pm Jammin' with Jim and Frank - BV 5:30pm Travelogue 6:15pm Card Bingo	21 10:30am Manicure - Vari 10:30am Rosary - CH 2:30pm Art Expression - Vari 3:30pm Reading - Vari	22 10:15am Melody Delight - BV 10:30am Card Bingo 10:30am Chinese Fellowship - CH 2:30pm Lucky Leprechaun Bingo HL 3:00pm Treat Cart
23 10:30am Hymn Sing (SC) 10:30am Sensory Stimulation 11:00am Aromatherapy 2:30pm Music on the Move - HL	24 Start of the Pay Period 10:30am Active Games 11:00am Walking/Wheeling - Vari 2:30pm Art Expression - Vari 3:00pm Cognitive Games - Vari	25 10:30am Fun and Fitness/Exercise - Vari 10:30am Non-Denominational Church Service - CH 10:30am Walking/Wheeling - Vari 2:30pm Aging Mindfully Group - CH 2:45pm Crafts - Vari	26 10:45am Music Therapy - Men & Music - CH 2:00pm One-to-One Visits - Vari 2:30pm Table Top Games - Vari	27 2:00pm Movie: My Big Fat Greek Wedding 2 - In Celebration of Greek Independence Day (HL) 5:30pm Music Concert - Loun 6:15pm Card Bingo	28 10:30 to 11:30 & 2:00 to 3:30 Spring Shower - Sensory Stimulation Experience - HL 	29 10:30am Card Bingo 11:00am Reading - Vari 2:15pm Spring Crafts 3:00pm Hand Massage
30 10:00am Non-Denominational Church Service 10:30am Sensory Stimulation 11:00am Aromatherapy 2:15pm Kitchen Memories - Spring Sweets	31 10:30am One-to-One Visits - Vari 2:30pm Calendar posting - Vari					

HL- Heritage Lounge CH- Chapel BG- Box Grove BV- Buttonville CG- Cedar Grove VS- Victoria Square UM- Union Mills