

The SOCIETY Scoop

SEASONS'S GREETINGS FROM PRESIDENT & CEO ABBY KATZ STARR AND UHS BOARD CHAIR PHILIP GUNN



On behalf of our staff and Board members, we wish to extend special wishes to our community and express our gratitude for the support we have and continue to receive. The holiday season is the perfect moment to reconnect and appreciate what makes life worthwhile: family, friends, and good cheer.

As 2022 comes to a close, we are proud to reflect on all that we have accomplished together in the past year to fulfil our mission — to help seniors age well and live better:

- We embraced new relationships with post-secondary institutions, bringing bright minds to our campus and developing our reputation as a leader in non-profit Long-Term Care
- We brought our in-person programming back to our Adult Day Program and the Unionville Community Centre for Seniors
- Our volunteers returned while our residents experienced outings for the first time in years
- We invested in digital platforms to expand our reach, share campus initiatives, and celebrate milestones with a larger audience
- We developed stronger partnerships with our sister LTC Alliance Homes and the Ontario Health Team
- The UHS Foundation continued to celebrate philanthropy at its finest, bringing back its signature fundraisers to fund essential equipment and high-priority needs at Union Villa

In the face of change and challenge, we showed collective strength throughout 2022 and now with optimism, we look forward for further opportunities to integrate care, education and innovation on our seniors campus of care.

From our families to yours, we send our heartfelt thanks to the best employee team and the most committed donors, volunteers and partners we could ask for. Please know that you are deeply appreciated. On behalf of our extended family at UHS, we wish you all peace, good health, and happiness in 2023.

Abby Katz Starr & Philip Gunn



Happy Holidays from the Unionville Home Society Campus



From our Staff

During this time of year, we reflect on what we do and what makes LTC so special. We are thankful to our teammates for supporting us through thick and thin, for a supportive leadership team that listens, and of course, to our residents who make our efforts worthwhile. From all the frontline workers at UHS, we wish you a restful, warm, and wonderful holiday season.

From the Residents

We are so excited that in-person celebrations are back! Too many people go dashing through the busy holiday season without taking the time to appreciate its true blessings: the moments with family, the companionship of friends, and the celebration of another year to come. On behalf of our fellow residents, may your holidays bring you the deepest comfort and joy.



From the Adult Day Program

With the return of our ADP clients in early Spring, our primary focus has been to create a place of safe gathering that promotes independence and a sense of being a part of our program family again. From all of us at ADP, we wish you all a very safe and joyous holiday and look forward to seeing more of our clients and new ones in 2023.

Happy Holidays from the Unionville Home Society Campus

From Unionville Community Centre for Seniors

The end of the year is a time of remembrance. We reflect on where we came from and take a moment to think about where we are going as we pursue the future with hope. With big changes on the horizon for our UCCS community, we look forward to the opportunities the new year will bring while celebrating the past. May your holiday season be sprinkled with love, friendship and community spirit. Happy New Year!



From Wyndham Gardens Apartments of Unionville

Holiday greetings from the residents at Wyndham Gardens! It's been wonderful to resume our weekly gatherings and special events, reconnecting with our fellow neighbours in our building. We are grateful to live in a closely-knit community.

From the UHS Volunteers

It brings us such joy to be volunteering and giving back to our community, especially during a time of year that is so special, to so many. On behalf of Union Villa's volunteers, we wish you a warm and happy holiday season.



OUR UHS PHYSICIAN TEAM – BRINGING PASSION AND COMMITMENT TO SENIORS' CARE

Our doctors are a crucial part of the care team at UHS. In the spirit of the season, we highlight their work and share their stories with our community. Dr. Strauss is Union Villa's Medical Director and works alongside attending physicians Dr. Iseman, Dr. Esufali and Dr. Abenstein to care for our residents. Dr. Currie is our consulting physician to the Southeast Geriatric Outreach Team, providing medical recommendations to the SEGOT team clinician. We also wish to thank our on-call doctors who provide services to our home and other local LTCs.

We asked both Dr. Strauss and Dr. Currie how long they have worked with us and what makes Long-Term Care (and UHS in particular) so special:



I started at UHS in 1995, 27 years ago. I take care to approach each resident/patient as a unique person. Personalized care is crucial to be able to understand and manage their medical conditions. Needless to say, the complexities of these medical issues are often challenging. This is what is so rewarding in geriatric medical care: helping residents

manage these complex issues. Long-term Care is unique in medical practice as physicians have the opportunity to establish a working relationship with patients in their home environment. This also provides an opportunity to establish communication with their caregivers and family members. In my experience, UHS is built on strong leadership and respect. Our priority is always providing excellent care for our residents in a safe, caring environment alongside the staff, who work hard to provide the highest level of care for residents.

– Dr. Barry Strauss, Union Villa Medical Director



I have been working at UHS for nearly 10 years. For me working with older adults is about trying to help them identify what is most important to them, medically, mentally, socially, spiritually, at this time in their lives. When they have trouble expressing themselves we turn to the family who know them best and are able to assist by

remembering past conversations with their loved ones. Then its helping the residents and families decide how best to meet their wishes and what resources we can offer to help them. What makes LTC and UHS in particular unique is the team approach. Given the complex needs of residents and families the entire team from housekeeping and maintenance, allied health professionals and administration all contribute to the resident's and family's wellbeing. The sum of the parts come together to problem solve, serve and plan resulting in a much more holistic and satisfying life experience for residents and families, than we each would be able to offer individually.

– Dr. Heather Currie, consulting doctor for SEGOT

We are honoured to have such a dedicated and experienced medical team supporting our staff, residents, clients and their families.

