

# INDIVIDUAL VOLUNTEER OPPORTUNITIES

## **Customer Service/Office Administration**

Volunteers may be involved in one or more of the following tasks: greet visitors, residents, and families at the front desk; answer the telephone; data-entry; filing; and assist with general office duties.

Union Villa LTC: Monday to Sunday, 12 noon to 2 pm Or 5 pm to 7 pm

UCCS: Thursdays & Fridays 9 am to 12:30 pm Or 12:30 pm to 3:30 pm

#### Mealtime Partner

Volunteers assist our residents in the dining area by retrieving their food and assisting with feeding. Specialized training is provided by a certified dietician, with a certificate of completion given to all attendees after successfully demonstrating the skills taught.

### Hair Salon Assistants

Tuesday and or/Thursdays from 10 am to 2 pm. Volunteers will assist with portering residents to the salon, assisting with set –up and clean-up, and mingling with the residents ensuring they enjoy their experience.

## Fundraising Support / Board / Committees

UHS relies on donations and the support of the community. Volunteers can assist with administrative functions and at fundraising events.

#### Musical Entertainment

If you have a musical talent or are a performing artist, you can engage our residents by participating in a concert, or by providing background music during a special event.

## Program Assistant

There are a variety of programs and activities planned daily for our residents to enjoy such as bingo, movie events, socials etc. Volunteers provide social interaction to residents and support to the Recreation staff.

## Spiritual Centre Assistant

Volunteers assist during hymn sings by setting-up the Spiritual Centre, portering residents, handing out appropriate materials and assisting with clean-up.

Union Villa LTC: Wednesdays, 10:30 am to 12 noon