



THE VILLA VIBE

Union Villa Residents' Newspaper

GREETINGS FROM THE RESIDENTS' COUNCIL PRESIDENT



The New Year is a time for reflection of the past year and a time for renewal into the year ahead. Union Villa is a happy place for me, and I'm grateful to have my fellow residents and amazing staff in my life. I'm sure you feel the same way.

Happy New Year!

George French



MONTHLY CHECK IN FROM RECREATION

Happy New Year! Wishing you all a happy and healthy 2024!

December has come and gone but we have so much to be thankful for. Our Holiday Marketplace brought some great vendors in to satisfy our shopping needs and the Resident Council raised \$350.00 from the raffle. These funds will go towards resident activities and special projects. The council will meet next on January 11th to have a poll on everyone's ideas. Hope you will join us and share your input.

We thank all the community groups that came in to spread holiday cheer! We hope you enjoyed the variety of activities and look forward to having them back again soon. While January is a cold month, we have a *Beat the Winter Blues week* with steel pan music and much more! Look out for more details soon!

If you need to get in touch, please email me at lbailey@uhs.on.ca or reach out to the Recreation Therapist on your unit.

Lindsay Bailey



DID YOU KNOW...

Birth flower of January - The carnation and the snowdrop

January Birthstones - Garnet And Rose Quartz

January Astrology Signs -
Capricorn (December 22 – January 19) & Aquarius (January 20 – February 18)

JANUARY SPECIAL EVENTS

There are so many exciting activities planned this month. so mark you calendars and join us!

LIST OF EVENTS:

See Calendar for full details and times.

Resident Birthday Parties

- Thursday January 4th 10:30 am, Union Mills
- Thursday January 4th 2:30 pm, Heritage Lounge

New Year Celebration with Winston & Friends

- Saturday January 6, 2:30 pm, Heritage Lounge

Beat the Winter Blues Week

- Take a Trip to California - Saturday, January 13, 2:30 pm, Victoria Square
- Take a Trip to Hawaii- Monday, January 15, 2:00 pm ,Heritage Lounge
- Take a Trip to Africa – Wednesday, January 17, 2:00 pm, Heritage Lounge
- Take a Trip to the Amazon Rainforest, Thursday, January 18, 10:00 am & 2:00 pm - van Velzen Family Room
- Take a Trip to Jamacia- Friday, January 19, 2:00 pm, Heritage Lounge

Chinese Music with Eva

- Saturday January 20th 2:30 pm, Heritage Lounge

Crock-A-Doodle Ceramic Craft Workshop

- Tuesday December 23rd 2:00 pm, Heritage Lounge

Robbie Burns Day

- Thursday January 25th 2:30 pm, Heritage Lounge

Order In Greek Food

- Friday, January 26, 2:30 pm, Heritage Lounge

Winterfest

- Wednesday, January 31, 2:30 pm, Heritage Lounge

Happy Birthday Residents celebrating this month

Frank	01-Jan
Mitra	01-Jan
Nazik	05-Jan
Khatun	05-Jan
Vincenzo	11-Jan
Cachinel	21-Jan
Michael	28-Jan



- Chinese New Year
- Valentine’s Day

FAREWELL DEAR FRIENDS:

Gloria B. Filomena D.
Kenny L. James M.
Khanom T. Kenneth W.
Anna Mae W.

POEM: “After Glow” by Unknown

I’d like the memory of me
to be a happy one.
I’d like to leave an after glow
of smiles when life is done.
I’d like to leave an echo
whispering softly down the ways,
Of happy times and laughing times
and bright and sunny days.
I’d like the tears of those who grieve,
to dry before the sun
of happy memories
that I leave when life is done

DECEMBER 2023 MEMORIES

We had the best time over the holiday season! Sounds of the Villa Voice Choir, Festive Activities, & More



**WELCOME NEW FRIENDS TO
UNION VILLA:**

- Margaret D.
- James G.
- Gloria M.
- Michael S.

JANUARY DAYS OF SIGNIFICANCE

We are proud to share these upcoming special days and holidays with our residents. Acknowledging and celebrating these days of significance supports a sense of community through inclusion.



Eastern Orthodox Christmas - January 7

Celebrated on a different day because it references a different calendar. For church holidays in Orthodox Christianity, the old Julian calendar introduced by Julius Caesar in 45 BCE is used, which is also simply called “old style.” In the Julian calendar, the 25th of December falls on the 7th of January, which is why it is being celebrated on that date.



Martin Luther King Jr. Day - January 15

Martin Luther King Jr. Day is observed on the third Monday of January each year. Born in 1929, King's actual birthday is January 15 (which in 1929 fell on a Tuesday). Martin Luther King Jr. was an American Baptist minister, activist, and political philosopher who was one of the most prominent leaders in the civil rights movement from 1955 until his assassination in 1968.



Mahayana New Year - January 25

Celebrated this year on January 25 by Buddhists around the world. The term Mahayana encompasses Buddhist ideologies and philosophies. Mahayana is one of the two main branches of Buddhism and is mostly practiced in Northeast Asia – China, Japan, Tibet, Taiwan, Mongolia, and Korea. The Buddhist New Year is a time for internalizing and self-reflection. Lessons from past mistakes are learned, and the goal is to become a better version of yourself.



International Holocaust Remembrance Day - January 27

On January 27, 1945, the Auschwitz-Birkenau concentration camp, where more than one million people were sent to gas chambers and to their agonizing deaths during the Holocaust, was liberated. In 2005, that day was designated as the annual International Day of Commemoration in memory of the victims of the Holocaust. Each year, Canadians and individuals all over the world take this opportunity to remember the victims of the atrocities of the Holocaust and reflect on the dangers of anti-Semitism.

UNIONVILLE HOME SOCIETY LAND ACKNOWLEDGEMENT: Unionville Home Society acknowledge the traditional territories of the Anishinaabe Peoples, the Haudenosaunee Peoples and the Huron Wendat and recognizes their stewardship of the land and its resources. This territory is covered by Treaty 13 and the Williams Treaty and according to the “one dish, one spoon” concept of environmental stewardship, all people living on this land have the responsibility to ensure that the dish will never be empty.

All of us at Unionville Home Society take pride in the rich indigenous history of the land and are committed to building a brighter, more honest, more inclusive future where Indigenous perspectives are recognized within Markham’s diverse tapestry of communities.