



UNIONVILLE COMMUNITY  
CENTRE FOR SENIORS

## MARCH 2024 CALENDAR

### UCCS In-Person and Virtual Program Schedule

#### UCCS SATELLITE LOCATIONS:

**Bethesda Evangelical Lutheran Church**  
20 Union Street, Unionville, ON L3R 2H5

**Central United Church**  
131 Main Street Unionville, Unionville, ON L3R 2G3

#### CONTACT INFORMATION:

**General inquiries and program registrations**  
T: (437) 431-2831  
E: [uccs@uhs.on.ca](mailto:uccs@uhs.on.ca)

**UCCS Program Coordinator:** Cynthia Huang  
E: [chuang@uhs.on.ca](mailto:chuang@uhs.on.ca)

#### VIRTUAL PROGRAM ACCESS:

To access a virtual or hybrid Zoom program, follow the link, or enter the Meeting ID below:

**Zoom Link:** <https://us06web.zoom.us/j/9392714111>  
**Meeting ID:** 939 271 4111

#### HOURS OF OPERATION

##### MONDAY

10:00 AM to 12:00 PM (Bethesda Evangelical Lutheran Church)  
1:00 PM to 4:00 PM (Central United Church)

##### TUESDAY

12:30 PM to 3:30 PM (Central United Church)

##### WEDNESDAY

1:00 PM to 4:00 PM (Central United Church)

##### THURSDAY

10:00 AM to 12:00 PM (Bethesda Evangelical Lutheran Church)  
12:30 PM to 3:30 PM (Central United Church)

##### FRIDAYS, SATURDAYS, SUNDAYS & STATUTORY HOLIDAYS

CLOSED

Please note that UCCS will be closed from **Monday, March 25<sup>th</sup> to Friday, March 29<sup>th</sup> (inclusive)** due to Holy Week. We will re-open on Monday, April 1st and all programs will resume at that time.

<b>Date</b>	<b>Name of Program</b>	<b>Time</b>	<b>Program Leader(s)</b>	<b>Fee</b>	<b>Location</b>
MONDAY, MARCH 4	Tai Chi – Level I ( <i>Beginner</i> )	10:00 AM to 11:45 AM	UCCS Volunteer	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Bethesda Evangelical Lutheran Church
	<b>Move to Stay Fit</b>	<b>1:10 PM to 2:00 PM</b>	<b>Carefirst Staff</b>	<b>No Fee</b> ( <i>Open only to UCCS members</i> )	<b>Central United Church</b>
	Mind Games	1:10 PM to 2:00 PM	UCCS Staff	No Fee ( <i>Open only to UCCS members</i> )	Online via Zoom
	<u>Let's Play Games: Bowling</u>	2:10 PM to 3:00 PM	UCCS Staff	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church
	Coffee & Chit Chat	3:10 PM to 4:00 PM	UCCS Staff	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church
TUESDAY, MARCH 5	Tai Chi – Level II ( <i>Intermediate</i> )	12:45 PM to 2:00 PM	UCCS Volunteer	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church
	Line Dancing	2:10 PM to 3:00 PM	UCCS Volunteer	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church
	<b>Posture and Balance</b>	<b>3:10 PM to 4:00 PM</b>	<b>Carefirst Staff</b>	<b>No Fee</b> ( <i>Open only to UCCS members</i> )	<b>Central United Church</b>
WEDNESDAY, MARCH 6	<b>Move to Stay Fit</b>	<b>1:10 PM to 2:00 PM</b>	<b>Carefirst Staff</b>	<b>No Fee</b> ( <i>Open only to UCCS members</i> )	<b>Central United Church</b>
	<u>Asian Social Gathering: Art &amp; Painting</u>	2:00 PM to 4:00 PM	UCCS Volunteer	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church

THURSDAY, MARCH 7	Tai Chi – Level I (Beginner)	10:00 AM to 11:45 AM	UCCS Volunteer	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Bethesda Evangelical Lutheran Church
	<b><u>SPECIAL EVENT:</u></b> <b><i>International Women's Day Tea</i></b>	<b>1:15 PM to 2:30 PM</b>	<b>UCCS Staff and Volunteers</b>	<b>Member: \$5.00</b> <i>(Open only to UCCS members)</i>	<b>Central United Church</b>
	Sing Through the Decades	2:45 PM to 3:45 PM	UCCS Staff	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church
MONDAY, MARCH 11	Tai Chi – Level I (Beginner)	10:00 AM to 11:45 AM	UCCS Volunteer	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Bethesda Evangelical Lutheran Church
	<b>Move to Stay Fit</b>	<b>1:10 PM to 2:00 PM</b>	<b>Carefirst Staff</b>	<b>No Fee</b> <i>(Open only to UCCS members)</i>	<b>Central United Church</b>
	Mind Games	1:10 PM to 2:00 PM	UCCS Staff	No Fee <i>(Open only to UCCS members)</i>	Online via Zoom
	<u>Let's Play Games: Bowling</u>	2:10 PM to 3:00 PM	UCCS Staff	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church
	Coffee & Chit Chat	3:10 PM to 4:00 PM	UCCS Staff	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church
TUESDAY, MARCH 12	<b>NO PROGRAMS AT CENTRAL UNITED CHURCH ON MARCH 12</b>				
WEDNESDAY, MARCH 13	<u>Asian Social Gathering:</u> <i>IT &amp; Communications</i>	1:00 PM to 3:00 PM	UCCS Volunteer	No Fee <i>(Open only to UCCS members)</i>	Online via Zoom

	<b><u>SPECIAL EVENT:</u> St. Patrick's Day Luncheon</b>	<b>12:30 PM to 2:00 PM</b>	<b>UCCS Staff and Volunteers</b>	<b>Member: \$10.00</b> <i>(Open only to UCCS members)</i>	<b>Central United Church – Main Hall</b>
THURSDAY, MARCH 14	Tai Chi – Level I <i>(Beginner)</i>	10:00 AM to 11:45 AM	UCCS Volunteer	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:00 PM to 2:00 PM	UCCS Staff	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church
	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church
MONDAY, MARCH 18	Tai Chi – Level I <i>(Beginner)</i>	10:00 AM to 11:45 AM	UCCS Volunteer	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Bethesda Evangelical Lutheran Church
	Mind Games	1:10 PM to 2:00 PM	UCCS Staff	No Fee <i>(Open only to UCCS members)</i>	Online via Zoom
	<u>Let's Play Games: Bowling</u>	2:10 PM to 3:00 PM	UCCS Staff	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church
	Coffee & Chit Chat	3:10 PM to 4:00 PM	UCCS Staff	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church
TUESDAY, MARCH 19	Tai Chi – Level II <i>(Intermediate)</i>	12:45 PM to 2:00 PM	UCCS Volunteer	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church
	Line Dancing	2:10 PM to 3:00 PM	UCCS Volunteer	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church
WEDNESDAY, MARCH 20	<u>Asian Social Gathering:</u> <i>Art &amp; Painting</i>	2:00 PM to 4:00 PM	UCCS Volunteer	<b>Member: \$2.00</b> <b>Non-Member: \$4.00</b>	Central United Church – Room B

	<b><i>Snack &amp; Speak Spotlight Presented by CHATS</i></b>	<b>2:00 PM to 3:30 PM</b>	<b>CHATS Staff</b>	<b>Member: \$5.00 Non-Member: \$7.00</b>	<b>Central United Church – Main Hall</b>
THURSDAY, MARCH 21	Tai Chi – Level I ( <i>Beginner</i> )	10:00 AM to 11:45 AM	UCCS Volunteer	<b>Member: \$2.00 Non-Member: \$4.00</b>	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:10 PM to 2:00 PM	UCCS Staff	<b>Member: \$2.00 Non-Member: \$4.00</b>	Central United Church
	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	<b>Member: \$2.00 Non-Member: \$4.00</b>	Central United Church
<b><u>NO IN-PERSON OR VIRTUAL PROGRAMMING FROM MARCH 25<sup>TH</sup> – 29<sup>TH</sup></u></b>					