



MAY 2024 CALENDAR

UCCS In-Person and Virtual Program Schedule

UCCS SATELLITE LOCATIONS:

Bethesda Evangelical Lutheran Church
20 Union Street, Unionville, ON L3R 2H5

Central United Church
131 Main Street Unionville, Unionville, ON L3R 2G3

CONTACT INFORMATION:

General inquiries and program registrations
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UCCS Program Coordinator: Cynthia Huang
E: chuang@uhs.on.ca

VIRTUAL PROGRAM ACCESS:

To access a virtual or hybrid Zoom program, follow the link, or enter the Meeting ID below:

Zoom Link: <https://us06web.zoom.us/j/9392714111>
Meeting ID: 939 271 4111

HOURS OF OPERATION

MONDAY

10:00 AM to 12:00 PM (*Bethesda Evangelical Lutheran Church*)
1:00 PM to 4:00 PM (*Central United Church*)

TUESDAY

12:30 PM to 3:30 PM (*Central United Church*)

WEDNESDAY

1:00 PM to 4:00 PM (*Central United Church*)

THURSDAY

10:00 AM to 12:00 PM (*Bethesda Evangelical Lutheran Church*)
12:30 PM to 3:30 PM (*Central United Church*)

FRIDAYS, SATURDAYS, SUNDAYS & STATUTORY HOLIDAYS

CLOSED

Date	Name of Program	Time	Program Leader(s)	Fee	Location
WEDNESDAY, MAY 1	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (Open only to UCCS members)	Central United Church
	<u>Asian Social Gathering:</u> Art & Painting	2:00 PM to 4:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
THURSDAY, MAY 2	Tai Chi – Level I (Beginner)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:10 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Sing Through the Decades	2:10 PM to 3:10 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	3:10 PM to 4:00 PM	Carefirst Staff	No Fee (Open only to UCCS members)	Central United Church
MONDAY, MAY 6	Tai Chi – Level I (Beginner)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Mind Games	1:10 PM to 2:00 PM	UCCS Staff	No Fee (Open only to UCCS members)	Online via Zoom
	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (Open only to UCCS members)	Central United Church
	<u>Let's Play Games: Bowling</u>	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church

	Coffee & Chit Chat	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
TUESDAY, MAY 7	Tai Chi – Level II <i>(Intermediate)</i>	12:45 PM to 2:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Line Dancing	2:10 PM to 3:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	3:10 PM to 4:00 PM	Carefirst Staff	No Fee <i>(Open only to UCCS members)</i>	Central United Church
WEDNESDAY, MAY 8	<u>Asian Social Gathering:</u> <i>IT & Communications</i>	1:00 PM to 3:00 PM	UCCS Volunteer	No Fee <i>(Open only to UCCS members)</i>	Online via Zoom
	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee <i>(Open only to UCCS members)</i>	Central United Church – Room B
THURSDAY, MAY 9	Tai Chi – Level I <i>(Beginner)</i>	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:10 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	3:10 PM to 4:00 PM	Carefirst Staff	No Fee <i>(Open only to UCCS members)</i>	Central United Church
	Tai Chi – Level I <i>(Beginner)</i>	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church

MONDAY, MAY 13	Mind Games	1:10 PM to 2:00 PM	UCCS Staff	No Fee (<i>Open only to UCCS members</i>)	Online via Zoom
	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
	<u>Let's Play Games: Bowling</u>	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Coffee & Chit Chat	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
TUESDAY, MAY 14	Tai Chi – Level II (<i>Intermediate</i>)	12:45 PM to 2:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Line Dancing	2:10 PM to 3:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	3:10 PM to 4:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
WEDNESDAY, MAY 15	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
	<u>Asian Social Gathering:</u> <i>Art & Painting</i>	2:00 PM to 4:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church – Room B
	<i>Snack and Speak Spotlight Presented by CHATS</i>	2:00 PM to 3:30 PM	CHATS Staff	Member: \$5.00 Non-Member: \$7.00	Central United Church
	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church

	<p>Free Hearing Test and Hearing Aid Services Boris Chang, M.CI.Sc., Reg CASLPO 12:30 PM to 4:30 PM (By Appointment Only)</p>				
THURSDAY, MAY 16	Afternoon Trivia	1:10 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	3:10 PM to 4:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
MONDAY, MAY 20	VICTORIA DAY – NO IN-PERSON OR VIRTUAL PROGRAMMING				
TUESDAY, MAY 21	Tai Chi – Level II (Intermediate)	12:45 PM to 2:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Line Dancing	2:10 PM to 3:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	3:10 PM to 4:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
WEDNESDAY, MAY 22	<u>Asian Social Gathering:</u> <i>IT & Communications</i>	1:00 PM to 3:00 PM	UCCS Volunteer	No Fee (<i>Open only to UCCS members</i>)	Online via Zoom
	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church – Room B

	SPECIAL EVENT: Queen V Afternoon Tea	2:00 PM to 4:00 PM	UCCS Staff and Volunteers	Member: \$10.00 <i>(Open only to UCCS members)</i>	Central United Church
THURSDAY, MAY 23	Tai Chi – Level I <i>(Beginner)</i>	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:10 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	3:10 PM to 4:00 PM	Carefirst Staff	No Fee <i>(Open only to UCCS members)</i>	Central United Church
MONDAY, MAY 27	Tai Chi – Level I <i>(Beginner)</i>	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Mind Games	1:10 PM to 2:00 PM	UCCS Staff	No Fee <i>(Open only to UCCS members)</i>	Online via Zoom
	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee <i>(Open only to UCCS members)</i>	Central United Church
	<u>Let's Play Games: Bowling</u>	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Coffee & Chit Chat	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Tai Chi – Level II <i>(Intermediate)</i>	12:45 PM to 2:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church

TUESDAY, MAY 28	Line Dancing	2:10 PM to 3:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	3:10 PM to 4:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
WEDNESDAY, MAY 29	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
	<i>SPECIAL EVENT:</i> <i>Garden Party</i>	<i>1:30 PM to 3:30 PM</i>	<i>UCCS Staff and Volunteers</i>	<i>Member: \$10.00</i> <i>(Open only to UCCS members)</i>	<i>Central United Church</i>
	<u>Asian Social Gathering:</u> <i>Art & Painting</i>	2:00 PM to 4:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church – Room B
THURSDAY, MAY 30	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:10 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	3:10 PM to 4:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church