



NOVEMBER 2023 CALENDAR

UCCS In-Person and Virtual Program Schedule

UCCS satellite programming is located out of two sites in Unionville —
Bethesda Evangelical Lutheran Church and Central United Church

Bethesda Evangelical Lutheran Church
20 Union Street, Unionville, ON L3R 2H5

Central United Church
131 Main Street Unionville, Unionville, ON L3R 2G3

To access a virtual or hybrid Zoom program, follow the link, or enter the Meeting ID below:

Zoom Link: <https://us06web.zoom.us/j/9392714111>
Meeting ID: 939 271 4111

CONTACT INFORMATION:

General inquiries and program registrations

T: (437) 431-2831
E: uccs@uhs.on.ca

UCCS Program Coordinator: Cynthia Huang

E: chuang@uhs.on.ca

HOURS OF OPERATION

MONDAY

10:00 AM to 12:00 PM (*Bethesda Evangelical Lutheran Church*)
12:45 PM to 4:15 PM (*Central United Church*)

TUESDAY

12:45 PM to 4:15 PM (*Central United Church*)

WEDNESDAY

12:45 PM to 4:15 PM (*Central United Church*)

THURSDAY

10:00 AM to 12:00 PM (*Bethesda Evangelical Lutheran Church*)
12:45 PM to 4:15 PM (*Central United Church*)

FRIDAY

12:45 PM to 3:45 PM (*Central United Church*)

**SATURDAYS, SUNDAYS
& STATUTORY HOLIDAYS**

CLOSED

Date	Name of Program	Time	Program Leader(s)	Fee	Location
WEDNESDAY, NOVEMBER 1	<u>Let's Play Games: Ring Toss</u>	1:00 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	<u>Asian Social Gathering: Art & Painting Class</u>	2:00 PM to 4:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Coffee & Chit Chat	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	<u>Tech Savvy Seniors: iPad and Tablet Training</u>	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
THURSDAY, NOVEMBER 2	Tai Chi – Level I (Beginner)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:00 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	<i>Chair Fitness with Cat</i>	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
FRIDAY, NOVEMBER 3	<u>Let's Play Games: Cornhole</u>	1:10 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Dessert Café!	2:15 PM to 3:30 PM	UCCS Staff	Member: \$4.00 Non-Member: \$6.00	Central United Church

MONDAY, NOVEMBER 6	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Mind Games	1:00 PM to 2:00 PM	UCCS Staff	No Fee (<i>Open only to UCCS members</i>)	Online via Zoom
	<u>Let's Play Games: Bowling</u>	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Pictionary	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
TUESDAY, NOVEMBER 7	Tai Chi – Level II (<i>Intermediate</i>)	12:45 PM to 2:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Line Dancing	2:10 PM to 3:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Bingo & Beverage	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
WEDNESDAY, NOVEMBER 8	<u>Let's Play Games: Ring Toss</u>	1:00 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	<u>Asian Social Gathering: Social & Sharing</u>	1:00 PM to 3:00 PM	UCCS Volunteer	No Fee (<i>Open only to UCCS members</i>)	Online via Zoom
	Coffee & Chit Chat	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church

	<u>Tech Savvy Seniors:</u> <i>iPad and Tablet Training</i>	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
THURSDAY, NOVEMBER 9	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:00 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	<i>Chair Fitness with Cat</i>	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
FRIDAY, NOVEMBER 10	<u>Let's Play Games:</u> <i>Cornhole</i>	1:10 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Dessert Café!	2:15 PM to 3:30 PM	UCCS Staff	Member: \$4.00 Non-Member: \$6.00	Central United Church
MONDAY, NOVEMBER 13	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Mind Games	1:00 PM to 2:00 PM	UCCS Staff	No Fee (<i>Open only to UCCS members</i>)	Online via Zoom
	<u>Let's Play Games:</u> <i>Bowling</i>	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Pictionary	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church

TUESDAY, NOVEMBER 14	Tai Chi – Level II <i>(Intermediate)</i>	12:45 PM to 2:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Line Dancing	2:10 PM to 3:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Bingo & Beverage	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
WEDNESDAY, NOVEMBER 15	<div style="text-align: center;">  <p>SENIORS ACTIVE LIVING FAIR</p> <p>WEDNESDAY, NOVEMBER 15, 2023 1 PM TO 5 PM</p> <p>UNIONVILLE COMMONS 4310 HIGHWAY 7, UNIONVILLE, ON L3R 6N2</p> <p>SAVE THE DATE!</p> <p>Join us for a FREE in-person health fair featuring: 20+ agencies serving seniors, presentations on seniors' wellness, a live exercise demonstration & healthy snacks and refreshments</p> <p>To pre-register, please contact us at: T: (437) 431-2831 E: uccs@uhs.on.ca</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>UNIONVILLE COMMUNITY CENTRE FOR SENIORS</p> </div> <div style="text-align: center;">  <p>OACAO The Voice of Older Adult Centres La voix des centres pour aînés</p> </div> <div style="text-align: center;"> <p>Funding provided by:</p>  <p>Ontario</p> </div> </div> </div>				
THURSDAY, NOVEMBER 16	Tai Chi – Level I <i>(Beginner)</i>	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:00 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church

	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	<i>Chair Fitness with Cat</i>	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
FRIDAY, NOVEMBER 17	<u>Let's Play Games: Cornhole</u>	1:10 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Dessert Café!	2:15 PM to 3:30 PM	UCCS Staff	Member: \$4.00 Non-Member: \$6.00	Central United Church
MONDAY, NOVEMBER 20	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Mind Games	1:00 PM to 2:00 PM	UCCS Staff	No Fee (<i>Open only to UCCS members</i>)	Online via Zoom
	<u>Let's Play Games: Bowling</u>	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Pictionary	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
TUESDAY, NOVEMBER 21	Tai Chi – Level II (<i>Intermediate</i>)	12:45 PM to 2:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Line Dancing	2:10 PM to 3:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church

	Bingo & Beverage	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
WEDNESDAY, NOVEMBER 22	<u>Let's Play Games: Ring Toss</u>	1:00 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	<u>Asian Social Gathering: Bible Study</u>	1:00 PM to 3:00 PM	UCCS Volunteer	No Fee (<i>Open only to UCCS members</i>)	Online via Zoom
	Coffee & Chit Chat	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	<u>Tech Savvy Seniors: iPad and Tablet Training</u>	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
THURSDAY, NOVEMBER 23	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:00 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	<i>Chair Fitness with Cat</i>	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
FRIDAY, NOVEMBER 24	<u>Let's Play Games: Cornhole</u>	1:10 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church

	Dessert Café!	2:15 PM to 3:30 PM	UCCS Staff	Member: \$4.00 Non-Member: \$6.00	Central United Church
MONDAY, NOVEMBER 27	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$2.00	Bethesda Evangelical Lutheran Church
	Mind Games	1:00 PM to 2:00 PM	UCCS Staff	No Fee (<i>Open only to UCCS members</i>)	Online via Zoom
	<u>Let's Play Games: Bowling</u>	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Pictionary	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
TUESDAY, NOVEMBER 28	Tai Chi – Level II (<i>Intermediate</i>)	12:45 PM to 2:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Line Dancing	2:10 PM to 3:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Bingo & Beverage	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
WEDNESDAY, NOVEMBER 29	<u>Let's Play Games: Ring Toss</u>	1:00 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	<u>Asian Social Gathering: Art & Painting Class</u>	2:00 PM to 4:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church

	Coffee & Chit Chat	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	<u>Tech Savvy Seniors:</u> <i>iPad and Tablet Training</i>	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
THURSDAY, NOVEMBER 30	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:00 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	<i>Chair Fitness with Cat</i>	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church