



OCTOBER 2024 CALENDAR

UCCS In-Person and Virtual Program Schedule

UCCS SATELLITE LOCATIONS:

Bethesda Evangelical Lutheran Church
20 Union Street, Unionville, ON L3R 2H5

Central United Church
131 Main Street Unionville, Unionville, ON L3R 2G3

CONTACT INFORMATION:

General inquiries and program registrations

T: (437) 431-2831
E: uccs@uhs.on.ca

VIRTUAL PROGRAM ACCESS:

To access a virtual or hybrid Zoom program, follow the link, or enter the Meeting ID below:

Zoom Link: <https://us06web.zoom.us/j/9392714111>
Meeting ID: 939 271 4111

HOURS OF OPERATION

MONDAY

10:00 AM to 12:00 PM (*Bethesda Evangelical Lutheran Church*)
1:00 PM to 4:00 PM (*Central United Church*)

TUESDAY

12:30 PM to 4:00 PM (*Central United Church*)

WEDNESDAY

1:00 PM to 4:00 PM (*Central United Church*)

THURSDAY

10:00 AM to 12:00 PM (*Bethesda Evangelical Lutheran Church*)
1:00 PM to 4:00 PM (*Central United Church*)

**CLOSED ON FRIDAYS, SATURDAYS, SUNDAYS
& STATUTORY HOLIDAYS**

Date	Name of Program	Time	Program Leader(s)	Fee	Location
TUESDAY, OCTOBER 01	Tai Chi – Level II <i>(Intermediate)</i>	12:45 PM to 2:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	<u>Let's Play Games:</u> <i>Cornhole</i>	2:10 PM to 3:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	3:10 PM to 4:00 PM	Carefirst Staff	No Fee <i>(Open only to UCCS members)</i>	Central United Church
WEDNESDAY, OCTOBER 2	<u>Move to Stay Fit</u>	1:10 PM to 2:00 PM	Carefirst Staf	No Fee <i>(Open only to UCCS members)</i>	Central United Church
	<u>Asian Social Gathering:</u> <i>Art & Painting</i>	2:00 PM to 4:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
THURSDAY, OCTOBER 3	Tai Chi – Level I <i>(Beginner)</i>	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:10 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	1:10 PM to 2:00 PM	Carefirst Staff	No Fee <i>(Open only to UCCS members)</i>	Central United Church
	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church

MONDAY, OCTOBER 7	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Mind Games	1:10 PM to 2:00 PM	UCCS Staff	No Fee (<i>Open only to UCCS members</i>)	Online via Zoom
	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
	<u>Let's Play Games: Bowling</u>	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Coffee & Chit Chat	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
TUESDAY, OCTOBER 8	NO PROGRAMS TODAY due to private function at Central United Church				
WEDNESDAY, OCTOBER 9	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
	<u>Asian Social Gathering: IT & Communications</u>	1:00 PM to 3:00 PM	UCCS Volunteer	No Fee (<i>Open only to UCCS members</i>)	Online via Zoom
THURSDAY, OCTOBER 10	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:10 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church

	Posture and Balance	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
MONDAY, OCTOBER 14	HAPPY THANKSGIVING SATELLITE LOCATIONS CLOSED NO IN-PERSON OR VIRTUAL PROGRAMMING				
TUESDAY, OCTOBER 15	Tai Chi – Level II (Intermediate)	12:45 PM to 2:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Line Dancing	2:10 PM to 3:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	3:10 PM to 4:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
WEDNESDAY, OCTOBER 16	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
	<u>Asian Social Gathering:</u> <i>Art & Painting</i>	2:00 PM to 4:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Snack and Speak Spotlight with CHATS	2:00 PM to 3:30 PM	CHATS Staff	Member: \$5.00 Non-Member: \$7.00	Central United Church

THURSDAY, OCTOBER 17	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:10 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
FRIDAY OCTOBER 18	Harvest Dinner	4:30 to 6:00 PM	UCCS Staff	Member: \$20.00 Non-Member: \$30.00	Central United Church
MONDAY, OCTOBER 21	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Mind Games	1:10 PM to 2:00 PM	UCCS Staff	No Fee (<i>Open only to UCCS members</i>)	Online via Zoom
	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
	<u>Let's Play Games: Bowling</u>	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Coffee and Chat	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
TUESDAY OCTOBER 22	Tai Chi – Level II (<i>Intermediate</i>)	12:45 PM to 2:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Line Dancing	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church

	Posture and Balance	3:10 PM to 4:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
WEDNESDAY OCTOBER 23	Breakfast Club	10:00-11:30 AM	UCCS Staff	Member: \$10.00 Non-Member: \$15.00	Bethesda Evangelical Lutheran Church
	<u>Asian Social Gathering:</u> <i>IT & Communications</i>	1:00 PM to 3:00 PM	UCCS Volunteer	No Fee (<i>Open only to UCCS members</i>)	Online Via Zoom
	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
THURSDAY OCTOBER 24	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Afternoon Trivia	1:10 PM to 2:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church
	Sing Through the Decades	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
MONDAY OCTOBER 28	Tai Chi – Level I (<i>Beginner</i>)	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Mind Games	1:10 PM to 2:00 PM	UCCS Staff	No Fee (<i>Open only to UCCS members</i>)	Online via Zoom
	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee (<i>Open only to UCCS members</i>)	Central United Church

	<u>Let's Play Games: Bowling</u>	2:10 PM to 3:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Coffee and Chat	3:10 PM to 4:00 PM	UCCS Staff	Member: \$2.00 Non-Member: \$4.00	Central United Church
TUESDAY OCTOBER 29	Tai Chi – Level II <i>(Intermediate)</i>	12:45 PM to 2:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Line Dancing	2:10 PM to 3:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
	Posture and Balance	3:10 PM to 4:00 PM	Carefirst Staff	No Fee <i>(Open only to UCCS members)</i>	Central United Church
WEDNESDAY OCTOBER 30	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee <i>(Open only to UCCS members)</i>	Central United Church
	<u>Asian Social Gathering:</u> <i>Art and Painting</i>	2:00 PM to 4:00 PM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Central United Church
THURSDAY OCTOBER 31	Tai Chi – Level I <i>(Beginner)</i>	10:00 AM to 11:45 AM	UCCS Volunteer	Member: \$2.00 Non-Member: \$4.00	Bethesda Evangelical Lutheran Church
	Move to Stay Fit	1:10 PM to 2:00 PM	Carefirst Staff	No Fee <i>(Open only to UCCS members)</i>	Central United Church
	Halloween Spooktacular Featuring Trick or Treat Trivia Contest, Spooky Song Sing-A-Long, snacks and beverages 2:30 PM to 4:00 PM Central United Church Member: \$10.00 Non-Member: \$15.00				