

THE VILLA VIBE

Union Villa Residents' Newspaper

HAPPY NEW YEAR FROM THE RESIDENTS' COUNCIL PRESIDENT



With love in our hearts we embrace the New Year.

To my fellow residents, staff, volunteers and all who visit us, wishing you a happy and healthy 2023.

Our next Resident Council Meeting is on Thursday, January 12th, 2023 at 10:15 am in the spiritual center. All residents are welcome and I look forward to seeing you next year!



NEW YEAR GREETINGS FROM RECREATION

I can't believe 2022 is coming to an end and we are looking onto a new year. I wish you all a very Happy New Year. All the best for 2023.

In January we will be celebrating Chinese New Year with special programs for all to enjoy. It's the year of the rabbit!

We also will be having Highland Dancers for Robbie Burns Day on January 25th.

And we all know January comes with cold weather and snow, so we are going to beat the winter blues with a tropical theme day. Get your sunglasses and flip flops ready!



If you need to get in touch please email me at lbailey@uhs.on.ca or reach out to the Recreation Therapist on your unit. *Lindsay Bailey*

UNIONVILLE HOME SOCIETY LAND ACKNOWLEDGEMENT:

The Unionville Home Society sits on the traditional territories of the Anishinaabe Peoples and of the Haudenosaunee Peoples, and is also situated in Markham, one of the most diverse municipalities in North America.

All of us at Unionville Home Society take pride in that legacy and look forward to building a brighter, more honest, more inclusive future.

JANUARY SPECIAL EVENTS

There are so many exciting activities planned this month. so mark you calendars and join us!



LIST OF EVENTS:

See Calendar for full details and times.

Beat the Winter Blues

Friday, January 13th

Markham Fair Award Ceremony

Friday, January 20th

Chinese New Year Celebrations– The Year of the Rabbit



Calligraphy with Winston

Sunday, January 15th

Chinese New Year Celebration with Winston

Sunday, January 22nd

Dragon Dancers

Monday, January 23rd

Robbie Burns Day

Featuring Highland Dancers

Wednesday, January 25th

Celebrating BIRTHDAYS

Mitra	January 1
Nazik	January 5
Khatun	January 5
Cachinel	January 21

Happy Birthday

to all our residents who are celebrating this month!



QUOTES OF THE MONTH

“Winter forms our character and brings out our best.” – Tom Allen

“If I had my way, I would remove January from the calendar altogether and have an extra July instead.” – Roald Dahl

“What the new year brings to you will depend a great deal on what you bring to the new year.” – Vern McLellan

MEMORIES FROM DECEMBER



Residents enjoyed a holly, jolly good time.

FAREWELL DEAR FRIENDS

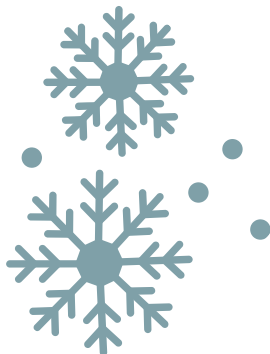
Orpha D.
Jui Yun H.
Carolyn K.
Birit N.
Muriel S.
Marion S.

REMEMBER ME Poem

Don't remember me with sadness,
Don't remember me with tiers,
Remember all the laughter,
We've shared throughout the years.
Now I am content
That my life it was worthwhile
Knowing that I passed along the way,
And made someone smile
When your walking down the street
And you've got me on your mind,
I'm walking in your footsteps
Only a half step behind.
So please don't be unhappy,
Just because I'm out of sight,
Remember that I'm with you
Each morning, noon and night
~Unknown

A WARM WELCOME TO OUR NEW RESIDENTS

Carol A.
Antonetta D.
Sheila J.
James M.
Oldrich S.
Massie T.



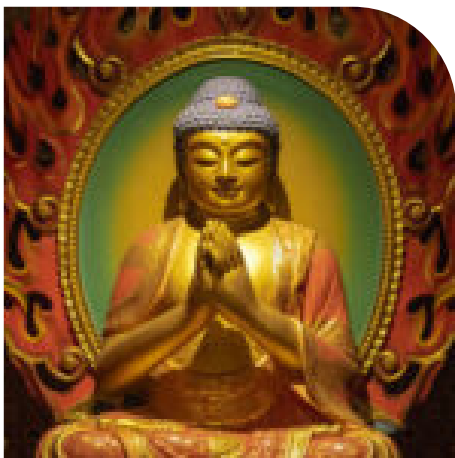
JANUARY DAYS OF SIGNIFICANCE

We are proud to share upcoming special days and holidays with our residents. Acknowledging and celebrating these days of significance supports a sense of community through inclusion.



Christmas (Eastern Orthodox) - January 7

One of the main differences between Orthodox Christmas and Christmas in Western countries that stands out for anyone is the date it is celebrated on. The explanation is rather simple: it is celebrated using a different calendar. For church holidays in Orthodox Christianity, the old Julian calendar introduced by Julius Caesar in 45 BCE is used. In the Julian calendar, the 25th of December falls on the 7th of January each year.



Mahayana New Year – January 7

Mahayana New Year is celebrated by Buddhists around the world. The term Mahayana encompasses Buddhist ideologies and philosophies. The Buddhist New Year is also a time for internalizing and self-reflection. Lessons from past mistakes are learned, and the goal is to become a better version of yourself.



Martin Luther King, Jr. Day – January 16

Martin Luther King Jr. Day is a federal holiday in the United States marking the birthday of Martin Luther King Jr. It is observed on the third Monday of January each year. Born in 1929, King's actual birthday is January 15 (which in 1929 fell on a Tuesday).

King was the chief spokesperson for nonviolent activism in the Civil Rights Movement, which protested racial discrimination in federal and state law.



Chinese New Year - January 22 to February 5

Perhaps the most important of all Chinese holidays, the Chinese New Year is celebrated worldwide each January or February. This is a time for families to come together, exchange money-filled red envelopes (红包, hóngbāo), and enjoy lots of food. Celebrations last up to 16 days and include a variety of festivities depending on the region, local traditions and customs. Red is the prominent colour during Chinese New Year, an auspicious color as it scares away the Nian monster.



International Holocaust Remembrance Day – January 27

On January 27, 1945, the Auschwitz-Birkenau concentration camp – where more than one million people were sent to gas chambers and to their agonizing deaths during the Holocaust – was liberated. In 2005, that day was designated as the annual International Day of Commemoration in memory of the victims of the Holocaust. Each year, Canadians and individuals all over the world take this opportunity to remember the victims of the atrocities of the Holocaust and reflect on the dangers of anti-Semitism.