

THE VILLA VIBE

Union Villa Residents' Newspaper

GREETINGS FROM THE RESIDENTS' COUNCIL PRESIDENT



October is on the way and that's a good thought. Some snow may come our way this month but so will happy times. October, November and December have excitement for all of us.

We start to prepare for Christmas in December, but October is a time to be thoughtful as we celebrate Thanksgiving with our families and loved ones.

Let's have a good time with our family and friends.
God Bless You All, George French

MESSAGE FROM RECREATION

As we bid farewell to summer we reflect on the fun times we enjoyed at the Villa. We'd like to thank the resident gardeners for taking care of the planters on the terraces and our vegetable and herb garden in the courtyard.

Even though the coming months will be colder, we still can enjoy the outdoors in various ways. In October we will take a tour of the fall leaves, one of my favourite things to do.

We will also be starting café events in the Heritage Lounge. This month we will have our autumn café enjoying flavours of autumn with cinnamon, apples, and pumpkin. Residents are encouraged to come at their leisure. Please see activity calendar for full details.

In October we celebrate many different cultural events and religious holidays. Wishing the best to all residents spending time with loved ones during these special moments.

Have a great month everyone!

If you need to get in touch please email me at lbailey@uhs.on.ca or reach out to the Recreation Therapist on your unit.

Lindsay Bailey



OCTOBER SPECIAL EVENTS

There are so many exciting activities planned this month. so mark you calendars and join us!

LIST OF EVENTS:

See Calendar for full details.

Friday October 7th - Oktoberfest Celebration

Monday October 10th - Thanksgiving
Gatherings on each Home Area.

Thursday October 13th & Thursday October 20th 10:30am to 3:00pm - Fall Leaves Bus Tour
and Lunch at White Feather Farms.

Friday October 14th & Friday October 28th -
Autumn Café in the Heritage Lounge – Join us
for a drop-in café with treats inspired by
Autumn.

Wednesday October 12th & Monday October 24th - Order in Chinese Food for Lunch

Tuesday October 25th - Resident Birthday
Party with Viviana

Monday October 31st - Halloween Party with
Entertainment



Celebrating BIRTHDAYS

Soren O.	01-Oct
Ssu Chin W.	03-Oct
Baskaran K.	03-Oct
Cheung Luk C.	05-Oct
Rosa A.	08-Oct
Rosa P.	11-Oct
Bettina R.	11-Oct
Elizabeth T.	14-Oct
Carolyn K.	20-Oct
Hui-Chen S.	24-Oct
Mary M.	25-Oct

Happy
Birthday

to all our residents who are
celebrating this month!

AUTUMN QUOTES

- "Life starts all over again when it gets crisp in the fall." – F. Scott Fitzgerald
- "Autumn shows us how beautiful it is to let things go." – Unknown
- "And all at once, summer collapsed into fall..." – Oscar Wilde
- "Everyone must take time to sit and watch the leaves turn." – Elizabeth Lawrence
- Autumn killed the summer with the softest kiss. – Unknown
- "I'm so glad I live in a world where there are Octobers." – Anne of Green Gables

SEPTEMBER HIGHLIGHTS

**It was a fun filled month of
indoor and outdoor fun!**

Visits to the Mall, Corn Husking,
Celebrations, Art Expression & more...



FAREWELL DEAR FRIENDS

Beryl Attwell

Elizabeth Fenton

Inge Langin

James Leung

Ralph Reiner

REMEMBER ME Poem

Don't remember me with sadness,
Don't remember me with tiers,
Remember all the laughter,
We've shared throughout the years.

Now I am content

That my life it was worthwhile
Knowing that I passed along the way,
And made someone smile

When your walking down the street
And you've got me on your mind,
I'm walking in your footsteps
Only a half step behind.

So please don't be unhappy,
Just because I'm out of sight,
Remember that I'm with you
Each morning, noon and night
~Unknown

A WARM WELCOME TO OUR NEW RESIDENTS

Chris Bekiaris

Antonia Fata

Dallas Macdonald

Theresa Sielski

Kenneth Tait

Nazik Tufekciler

Chung Kwan Wong



OCTOBER DAYS OF SIGNIFICANCE

We are proud to share upcoming special days and holidays with our residents. Acknowledging and celebrating these days of significance supports a sense of community through inclusion.



YOM KIPPUR - Evening of October 4 to evening of October 5

Yom Kippur, the Day of Atonement, is considered the most important holiday in the Jewish faith. Falling in the month of Tishrei (September or October in the Gregorian calendar), it marks the culmination of the 10 Days of Awe, a period of introspection and repentance that follows Rosh Hashanah, the Jewish New Year. According to tradition, it is on Yom Kippur that God decides each person's fate, so Jews are encouraged to make amends and ask forgiveness for sins committed during the past year. The holiday is observed with a 25-hour fast and a special religious service. Yom Kippur and Rosh Hashanah are known as Judaism's "High Holy Days."



SUKKOT - Evening of October 9 to evening of October 16

Sukkot is a weeklong Jewish holiday that comes five days after Yom Kippur. Sukkot celebrates the gathering of the harvest and commemorates the miraculous protection God provided for the children of Israel when they left Egypt. We celebrate Sukkot by taking meals in a foliage-covered booth (known as a sukkah). Coming after the solemn High Holidays, Sukkot is a time of joy and happiness.

SIKH HOLY DAY - October 20

Sikh holy days (birth of Guru Granth) and observances revolve around anniversaries of the 10 Gurus who developed the faith's beliefs. All the Sikh Gurus taught compassion, love, dedication, hard work, worship of one God, and commitment to world peace. Their birthdays, called Jayanti, Gurpurab or Prakash Utsav, are times of celebration and prayer.



DIWALI - October 24

Diwali (also called Divali or Deepavali) is a "festival of lights" that celebrates the triumph of light over dark and good over evil, and the blessings of victory, freedom, and enlightenment. The name comes from Sanskrit dipavali, meaning "row of lights." On the night of Diwali, celebrants light dozens of candles and clay lamps (called diyas), placing them throughout their homes and in the streets to light up the dark night.

In most of India, Diwali consists of a five-day celebration that peaks on the third day with the main celebration of Diwali. In other places where Diwali occurs, usually only the main day is celebrated.



UNIONVILLE HOME SOCIETY LAND ACKNOWLEDGEMENT:

The Unionville Home Society sits on the traditional territories of the Anishinaabe Peoples and of the Haudenosaunee Peoples, and is also situated in Markham, one of the most diverse municipalities in North America.

All of us at Unionville Home Society take pride in that legacy and look forward to building a brighter, more honest, more inclusive future.