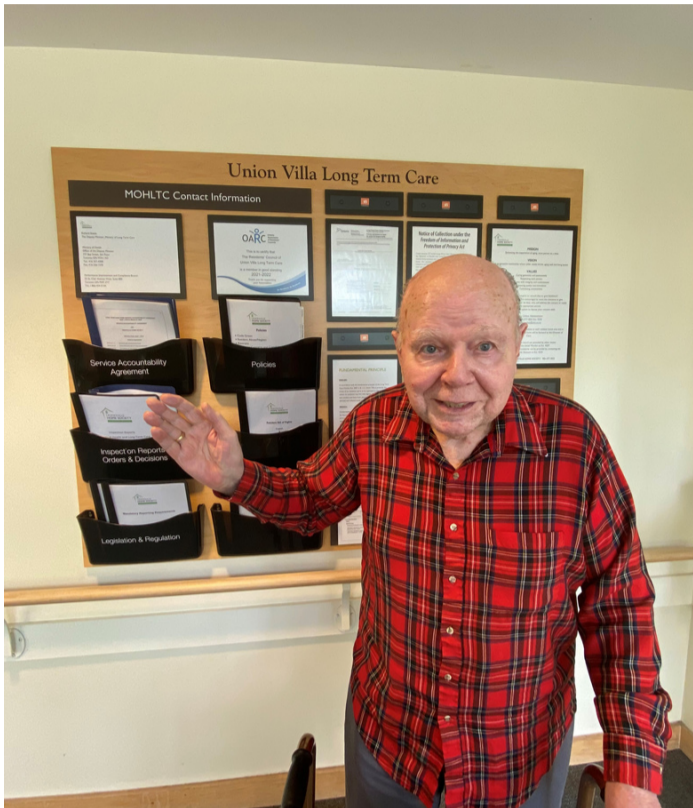


# THE VILLA VIBE

Union Villa Residents' Newspaper

## GREETINGS FROM THE RESIDENTS' COUNCIL PRESIDENT



We feel the continued warmth of summer but we always seem to want more.

September normally leads into Fall and the colder weather follows ultimately leading to Winter and the wonderful events we have in Winter.

Your Resident Council wants to help everyone enjoy every season as it arrives. I invite and encourage my fellow residents to get involved as there is lots of activities and events to look forward to.

God Bless You All, *George F.*

## MESSAGE FROM RECREATION

We were very fortunate with great weather this summer. I can't believe August has almost come and gone.

I want to take a moment to thank the Recreation Team. You have really given your all into making this a special summer for the residents. You continue to go above and beyond.

Our wonderful summer Students have now departed and we wish them all the best in their future endeavours. Following August is beautiful September, and we will continue to enjoy time outside as much as possible.

September brings along lots of great things including our bus trips! The residents have chosen to go to the Markville Mall to shop and for a nice lunch at Pickle Barrel! Watch out for dates, times and further details.



On Friday September 16th, we will bid farewell to summer with a corn roast, with corn from our local farms in Markham. Rounding off the month we will be preparing for our Markham Fair craft submissions. Good luck to all residents who enter!

Have a great month everyone!

If you need to get in touch please email me at [lbailey@uhs.on.ca](mailto:lbailey@uhs.on.ca) or reach out to the Recreation Therapist on your unit. We look forward to a great month ahead!

*Lindsay and the Recreation Team*

# SEPTEMBER SPECIAL EVENTS

There are so many exciting activities planned this month. so mark you calendars and join us!

## LIST OF EVENTS:

See Calendar for full details.

### 1.Thursday, September 1st

10:30 to 12:00 ~ 1:30 to 3:30

Fun Fair- Join us for a day of fun and games!

### 2.Tuesday, September 6th & Tuesday, September 20th

10:30am to 3:00pm-

Bus Trip to Markville Mall & Lunch at Pickle Barrel.

### 3.Monday, September 12th

2:30pm

Wine, Cheese & Watercolour Afternoon.

### 4.Friday, September 16th

2:30pm

Farewell to Summer Corn Roast

### 5.Thursday, September 22nd

10:30am - First Day of Autumn - Apple Cider

Experience with Connie

### 6.Monday, September 19th

Afternoon Event- Fruit Smoothie Day

### 7.Resident Birthday Parties:

- Friday September 23rd 2:30pm 2nd Floor Entertainment - Michelle
- Tuesday September 27th 2:30pm 3rd Floor Entertainment - Louise & Andrew
- Wednesday August 28th 2:30pm Union Mills Entertainment - Robert D’Cruz

### 8.Thursday, September 29th

10:30am - National Coffee Day Coffee Club

Heritage Lounge

## Celebrating BIRTHDAYS

Monica C.	04-Sep
Mariat B.	06-Sep
Stavro N.	08-Sep
Muriel M.	10-Sep
Kee L	10-Sep
Young Hwa H.	10-Sep
Shake A.	17-Sep
Kathleen L.	18-Sep
Ida W	19-Sep
Bao Zhu L	20-Sep
Zarin M.	21-Sep
Anna H	25-Sep
Alma A	26-Sep
Gail L.	28-Sep
Alfreda S	30-Sep

## Auxiliary Gift Shop

Open for Business

Don't forget that our Union Villa Auxiliary operates the Gifts Shop on Wednesday between 1 pm and 3 pm weekly. Look no further for sweet treats, cold beverages, greeting cards, an assortment of hand made items and more!

Cash transactions only please.



# AUGUST HIGHLIGHTS

It was a fun filled month of BBQ's, Elvis & More



## CENTENARY CLUB

Meet our distinctive members of 100+ year club



Kim Ping L.



Mitra Pal S.



Beryl A.



Muriel S.



Beryl D.



Cheung Luk C.

# SEPTEMBER DAYS OF SIGNIFICANCE

This is a new section in the Villa Vibe to inform our residents about special days of significance each month. Acknowledging and celebrating these days supports a sense of community through inclusion.



## LABOUR DAY - September 6

Labour day began in time when worker rights were taken for granted. On March 25, 1872 Toronto workers went on strike, nearly one tenth of the city's population joined in solidarity to show support for the working class. In 1894, under mounting pressure from the working class, Prime Minister Sir John Thompson declared Labour Day a national holiday. Labour Day has evolved so much over time, now resulting in families spending much needed time together.



## GRANDPARENTS DAY - September 11

The origin of Grandparents' Day dates back to 1970 when Marian MacQuade started a campaign for Grandparents' Day to become a national day. McQuade worked towards raising awareness about senior citizens and the contributions they have made throughout history as well as encouraged the youth to 'adopt' a grandparent for a specific duration of time.



## NAVARATRI - September 26

Navratri, (Sanskrit: "nine nights") in full Sharad Navratri; Navratri also spelled Navaratri; also called Durga Puja, in Hinduism, major festival held in honour of the divine feminine. Navratri occurs over 9 days during the month of Ashvin, or Ashvina (in the Gregorian calendar, usually September–October). This year it falls on Monday September 26th.



## ROSH HASNAHAH - September 25-26

Rosh Hashanah is a special festival which celebrates Jewish New Year. It literally means 'head of the year' or 'first of the year'. Its one of the holiest days. The festival begins on the first day of Tishrei, the seventh month of the Hebrew calendar, which falls during September or October. The festival lasts for two days and this year it starts on Monday 26 September.



## NATIONAL DAY OF TRUTH AND RECONCILIATION - September 30

National Truth and Reconciliation Day is a day when we honour the Indigenous children who were sent away to Residential Schools in Canada and learn more about the history of these schools. It has become a National Campaign to raise awareness and provide education about Residential Schools in Canada.

## UNIONVILLE HOME SOCIETY LAND ACKNOWLEDGEMENT:

The Unionville Home Society sits on the traditional territories of the Anishinaabe Peoples and of the Haudenosaunee Peoples, and is also situated in Markham, one of the most diverse municipalities in North America.

All of us at Unionville Home Society take pride in that legacy and look forward to building a brighter, more honest, more inclusive future.