

# THE VILLA VIBE

Union Villa Residents' Newspaper

## GREETINGS FROM THE RESIDENTS' COUNCIL PRESIDENT



Thank you to all who joined in on our Resident Council meeting on February 9th.

Our next meeting will be on Thursday March 2nd at 10:15 in the chapel. All residents are welcome to attend.

We look forward to a good month and the welcoming of Spring.

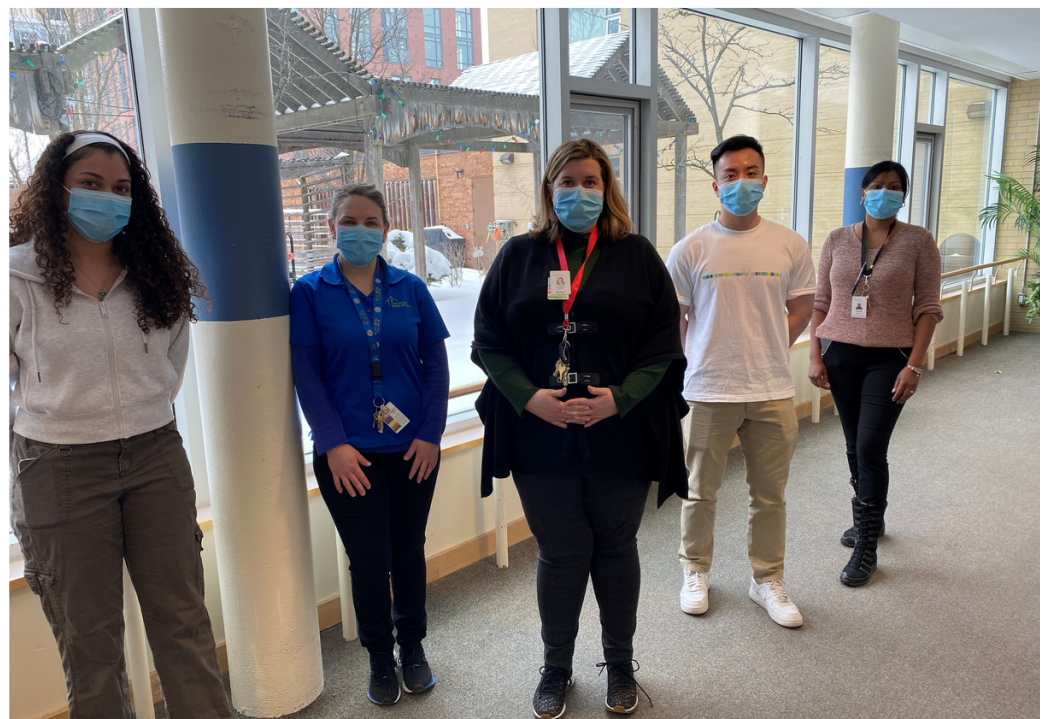
Bless You All, George

## MONTHLY CHECK IN FROM RECREATION

Can you believe we are already into March?

In March we will welcome back our Villa Café events in the Heritage Lounge. Come meet new residents and greet familiar faces while enjoying a cup of coffee!

Wednesday, March 8th is International Women's Day. We will be doing activities on each floor to celebrate the contribution Women have made in history.



The first day of Spring is Tuesday March 21st. We will be having a Spring Fling in the Heritage Lounge. It will be an all-day event with fun stations for everyone to enjoy. Mark your calendars!

If you need to get in touch please email me at [lbailey@uhs.on.ca](mailto:lbailey@uhs.on.ca) or reach out to the Recreation Therapist on your unit. Happy Spring,

Lindsay Bailey & Rec Team

## UNIONVILLE HOME SOCIETY LAND ACKNOWLEDGEMENT:

The Unionville Home Society sits on the traditional territories of the Anishinaabe Peoples and of the Haudenosaunee Peoples, and is also situated in Markham, one of the most diverse municipalities in North America.

All of us at Unionville Home Society take pride in that legacy and look forward to building a brighter, more honest, more inclusive future.

# MARCH SPECIAL EVENTS

There are so many exciting activities planned this month. so mark you calendars and join us!

## LIST OF EVENTS:

See Calendar for full details and times.

### Resident Outing Dates

- Friday March 3rd- 2nd Floor
- Friday March 24th- 3rd Floor
- Wednesday March 29th- Union Mills

### Villa Café Events in the Heritage Lounge

- Friday March 10th at 1:30
- Friday March 31st at 2:30

**International Women’s Day**- Wednesday, March 8

### Luck -O- The Irish Events

- Sunday March 12th- Irish Pub Happy Hour with Sammy K
- Wednesday March 15th- Irish Buck Dollarstore Auction
- Friday March 17th- St. Patrick’s Day Celebration with the Sparklettes

**First Day of Spring – Spring Fling Fun** – 10:00 to 12:00 & 1:30 to 3:00

**Portable Sugar Shack** – Monday March 27th 10:30 am

**Birthday Celebration**- Thursday March 23rd 2:30 pm with Emilio

Happy Birthday

to all our residents who are celebrating this month!

Sin-Yee	06-Mar
Puvimanasingam	06-Mar
Pat	06-Mar
Fatima	09-Mar
Filomena	10-Mar
Annemarie	10-Mar
Sylvia	11-Mar
Gourk "George"	15-Mar
Patricia	17-Mar
Beverley	18-Mar
Mufideh	21-Mar
Bruna	21-Mar
Valerie	24-Mar
Carol	24-Mar
Helen	25-Mar
Robert	26-Mar
Chochan	28-Mar

## QUOTES OF THE MONTH

March comes in like a lion and goes out like a lamb.

March winds and April showers bring forth May flowers.

Winds of March, we welcome you, There is work for you to do.

Work and play and blow all day, Blow the winter wind away. - *Unknown*

## FUN FACTS

**The birth flower of March**

Daffodils and Jonquils

**March birthstone**

Aquamarine

**Astrology signs born in March:**

Pisces (February 19 – March 20)

Aries (March 21 - April 19)

# MEMORIES FROM FEBRUARY



## A WARM WELCOME TO OUR NEW RESIDENTS

Ricardo  
Soy Jung  
Martin  
Hans Karl

Chandowati  
Kam Chee  
Patricia  
Thanapakialaksh

## FAREWELL DEAR FRIENDS

Eric M.  
Soren O.  
Kenneth T.

### Poem - I Am at Peace

Speak of me as you have always done.  
Remember the good times, laughter,  
and fun.

Share the happy memories we've  
made.  
Do not let them wither or fade.

I'll be with you in the summer's sun  
And when the winter's chill has come.

I'll be the voice that whispers in the  
breeze.  
I'm peaceful now, put your mind at  
ease.

I've rested my eyes and gone to  
sleep,  
But memories we've shared are yours  
to keep.

Sometimes our final days may be a  
test,  
But remember me when I was at my  
best.

Although things may not be the  
same,  
Don't be afraid to use my name.

Let your sorrow last for just a while.  
Comfort each other and try to smile.

I've lived a life filled with joy and fun.  
Live on now, make me proud of what  
you'll become.

-Anthony Dowson

# MARCH DAYS OF SIGNIFICANCE

We are proud to share these upcoming special days and holidays with our residents. Acknowledging and celebrating these days of significance supports a sense of community through inclusion.



**March 6 – Purim (Jewish):** Purim, (Hebrew: “Lots”) English Feast of Lots, a joyous Jewish festival commemorating the survival of the Jews who, in the 5th century BCE, were marked for death by their Persian rulers. The story is related in the biblical Book of Esther. Every year Jewish people from all over the world wear fancy dress to celebrate the beginning of the festival of Purim. The festival takes place on the 14th of the Hebrew month of Adar.



**March 8 – International Women’s Day:** International Women's Day is celebrated in many countries around the world. It is a day when women are recognized for their achievements without regard to divisions, whether national, ethnic, linguistic, cultural, economic or political.



**March 8 – Holi (Hindu):** Holi is an ancient Hindu tradition and also one of the most popular festivals in Hinduism. It celebrates the eternal and divine love of god Radha Krishna. The day also signifies the triumph of good over evil, as it commemorates the victory of god Vishnu as Narasimha Narayana over Hiranyakashipu.



**March 17 – St. Patrick’s Day:** St. Patrick’s Day is observed every March 17 and packed with parades, good luck charms, and all things green. The event started as a religious holiday, but over time it’s become a celebration of Irish culture



**March 21 – Persian New Year (Nowruz):** Nowruz is the national New Year festivity celebrated in Iran, Afghanistan, and the Kurdish regions of Iraq, Turkey and Syria, and throughout Central Asia. It is a springtime celebration whose activities symbolize rebirth and the link between humans and nature.



**March 23 – Ramadan begins (Islam):** Ramadan, the ninth month of the Muslim calendar and the holy month of fasting. It begins and ends with the appearance of the crescent moon. Because the Muslim calendar year is shorter than the Gregorian calendar year, Ramadan begins 10–12 days earlier each year, allowing it to fall in every season throughout a 33-year cycle.