




# Union Mills Activity Calendar

## March 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b> <b>Ramadan Starts</b> 10:15am Fun and Fitness 11:30am Enrichment Visits <b>2:15pm Mardi Gras Memories</b> 6:00pm Crafts
<b>2</b> 10:00am Non-Denominational Church Service 11:30am Walks and Talks 2:15pm Budii System 6:00pm Montessori	<b>3</b> 10:30am Balloon Badminton <b>2:30pm Men's Group (SC)</b> 4:30pm Walking/Wheeling Club 6:00pm Visiting Memory Lane 	<b>4</b> <b>Mardi Gras Shrove Tuesday</b> <b>10:30am Non-Denominational Church Service - CH</b> 2:15pm Manicures and Hand Massages	<b>5</b> <b>Ash Wednesday</b> <b>10:30am Roman Catholic Mass - CH</b> 2:15pm Active Games 3:15pm Music Therapy - Music for Memory Care	<b>6</b> 10:15am Table Top Games <b>2:30pm Birthday Party with Emilio - UM</b> 	<b>7</b> <b>12:30 to 4:30 Pop up Shop with Loccitane Beauty in the Heritage Lounge</b> 2:30pm Floor Social - Women's Day Special	<b>8</b> <b>International Women's Day</b> 10:15am Fun and Fitness/Exercise <b>2:30pm Celebrating International Women's Day - HL</b> 6:00pm Andre Rieu Concert
<b>9</b> <b>Daylight Saving Begins</b> 10:00am Non-Denominational Church Service <b>2:00pm Movie Matinee with Shamrock Shakes</b> <b>Movie Title: Irish Wish - SC</b> 6:00pm Sensory Pet Visits	<b>10</b> <b>Start of the Pay Period</b> 10:30am Active Games 2:00pm Decorating Crew - St. Patrick's Day	<b>11</b> <b>10:30am Chinese Social - CH</b> 2:15pm Manicures and Hand Massages	<b>12</b> 10:15am Pool Noodle Exercise 3:15pm Music Therapy - Music for Memory Care 4:30pm Walks and Talks 6:00pm Helping Hands	<b>13</b> <b>10:15am Resident Council - HL</b> 10:30am Brain Boosters: Puzzles/Jenga 2:15pm Art Expression	<b>14</b> <b>10:30am Hymn Sing - CH</b>	<b>15</b> 11:30am Enrichment Visits <b>2:00pm St. Patrick's Day Irish Dancers - HL</b> 6:00pm Music Appreciation
<b>16</b> 10:00am Non-Denominational Church Service 11:30am Walks and Talks 2:30pm St. Patrick's Sweets and Treats 6:00pm Movie Matinee	<b>17</b> <b>St. Patrick's Day</b> <b>10:30am Roman Catholic Mass - CH</b> 2:30pm Kitchen Memories - St. Patrick's Day Special 4:30pm Walking/Wheeling Club 6:00pm Visiting Memory Lane	<b>18</b> 10:15am Manicures and Hand Massages <b>2:30pm Tea Experience with Celena Teas - HL</b>	<b>19</b> 10:15am Pool Noodle Exercise 2:15pm Art Expression 3:15pm Music Therapy - Music for Memory Care	<b>20</b> <b>First Day of Spring</b> <b>10:30am Anglican Communion - CH</b> <b>2:30pm Jammin' with Jim and Frank - BV</b>	<b>21</b> <b>10:30am Rosary - CH</b> 2:15pm Decorating Walkers 3:45pm Walking/Wheeling	<b>22</b> <b>10:15am Melody Delight - BV</b> <b>10:30am Chinese Fellowship - CH</b> <b>2:30pm Lucky Leprechaun Bingo HL</b> 6:00pm One-to-One Visits
<b>23</b> 10:30am Hymn Sing (SC) <b>2:30pm Music on the Move - HL</b> 6:00pm Celtic Women Concert	<b>24</b> <b>Start of the Pay Period</b> 10:30am Balloon Badminton <b>2:00pm Water Colour with Mia - UM</b>	<b>25</b> <b>10:30am Non-Denominational Church Service - CH</b> 2:15pm Parachute Game <b>2:30pm Aging Mindfully Group - CH</b>	<b>26</b> 10:15am Pool Noodle Exercise 3:15pm Music Therapy - Music for Memory Care 4:30pm Walks and Talks 6:00pm Helping Hands	<b>27</b> 10:15am Art Expression <b>2:00pm Movie: My Big Fat Greek Wedding 2 - In Celebration of Greek Independence Day (HL)</b> 2:15pm Budii System 3:30pm Treat Cart	<b>28</b> <b>10:30 to 11:30 &amp; 2:00 to 3:30 Spring Shower - Sensory Stimulation Experience - HL</b> 	<b>29</b> 10:15am Fun and Fitness 11:30am Enrichment Visits 2:15pm Spring Crafts 6:00pm Brain Boosters: Puzzles/Jigsaws
<b>30</b> 10:00am Non-Denominational Church Service 11:30am Walks and Talks 2:15pm Kitchen Memories - Spring Sweets 6:00pm Knitting Class	<b>31</b> 10:15am Active Games 2:15pm Calendar Posting Visits 4:30pm Walking/Wheeling Club 6:00pm Visiting Memory Lane					