



# STAY CONNECTED

## Contact

NAME	TITLE	EXT	WHY YOU WOULD CALL
Abby Katz Starr	Chief Executive Officer	4254	If you have a major concern that has not been resolved to your satisfaction at the Administrator level then contact CEO
Terry Collins	Administrator	4255	You have concerns that have been addressed by the DOC first and the appropriate department manager second If you have questions, concerns or compliments you wish to discuss
Janet Tubig	Acting Director of Care	4246	Any questions, concerns or compliments about nursing and personal care of the residents
Julie Horne	CFO and Privacy Officer	4255	Oversees the Administration of accounting department. Any questions or concerns regarding the billings that has not being addressed
Maria Dimson	Director, Communications & Development Service	4270	In Charge of fundraising and Corporate special events
Pauline Phillips	Manager, Recreation Services	4225	Any questions, concerns or compliments regarding resident programming, including activation, and volunteer programs
Karrienne Edwards	Social Worker	416-605-8739	Provides support for residents and their families
Almas Ifraimov	Food Services Manager	4248	Any questions, concerns or compliments regarding food
Praz Patkunarajah	Manager, Environmental Facilities Services	416-677-5602	Any questions or concerns for maintenance and housekeeping

**A progressive Community where older adults thrive; aging well  
And living Better Residents Monthly Newsletter**



- Celebrating November**  
**Aviation History Month**  
**Native American Heritage**  
**Remembrance Day:**  
**November 11**  
**World Diabetes Day**  
**November 14**  
**International Men's Day**  
**November 19**  
**Thanksgiving Day: U.S.**  
**November 26**  
**Messages from the**  
**Departments**  
**Construction Updates**  
**Prayers for Remembrance Day**  
**Veterans Day Prayer**  
**Union Villa Anniversary**  
**Happy Birthday Union Villa**  
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**Welcomes**  
**Goodbye Alex**  
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**Contact**

**Message from Residents Council President:  
George French**

Dear Union Villa residents, our home with excellent care staff. As I think about our life situation, I find that this time of our lives we have been safe from the virus. When people all over the world to include Canada are affected by the virus. The staff has to be appreciated for their excellent care for us and their commitment to best practices following home infection control practices. Our staff and families are all going through the same problems as us through this COVID-19 pandemic.

Residents' council is open to hearing any concerns whether critical or complimentary. As residents, we help to shape the place where we live by showing care for staff and the activities, we participate in. Due to physical and social distance to keep us all safe we are asking you to rotate attending the meeting so that all residents have an opportunity to attend. If you cannot make it to the meeting you can convey any concern to other residents who attend and they will bring your concern to my attention in the meeting. The residents at the meeting care about what goes on in our home and when the virus is over almost everyone who wants to attend the meetings can come and have a say. We care for each other here and things will improve. To be an active member of the council and to make you aware of what goes on in your home. It can make a real difference because we care and we are cared for.



### From the Desk of the CEO

Greetings from the Office of the CEO, it is always an honour for me to have the opportunity to share information and activities going on here on the campus. Right now, our focus continues to be keeping everyone safe. You will have seen various folks in scrubs and PPE on the floors and they are our Infection Control leaders from Markham Stouffville Hospital who are assisting our staff in learning the latest and best practices to prevent infection from spreading. We are grateful to our community health partners for their support. We also have new staff starting, you have likely already heard about our new clinical educator nurse who will focus on enhancing the skills of our nursing staff and therefore make sure the care you receive continues to be of the highest quality! And shortly our new Director of Care will join the team. Lots of new faces to be part of the Union Villa family. Take care, and all the best. **Abby Katz Starr**

### O Canada!

Our home and native land!  
 True patriot love in all of us command.  
 With glowing hearts we see thee rise,  
 The True North strong and free!  
 From far and wide,  
 O Canada, we stand on guard for thee.  
 God keep our land glorious and free!  
 O Canada, we stand on guard for thee.  
 O Canada, we stand on guard for thee.

### Message from the Administrator

It's hard to believe that November is here already. The year has just flown by and, before you know it, we will be waking up to snow and Christmas music.

I would like to express my gratitude for your patience during our current outbreak. I know it is not easy to stay in your rooms but it is necessary in order to keep everyone safe. Our staff are working hard to keep us all healthy and we are grateful for their continuing efforts. We hope that you are able to stay in touch with your loved ones during this time by phone or video chat. If there is anything we can do to help, please let us know.

This week we will be welcoming Olga Gluchovsky to Union Villa as our Clinical Quality Educator. Olga has 10 years of experience as an RN and has previously worked as a Director of Care and RAI Coordinator. She also holds certificates in Infection Control, Palliative Care and Wound Management and will be a great addition to our team. Please join us in welcoming Olga to Union Villa on October 27th.

We are pleased to share that we have also hired a DOC. Her name is Valeria Chavez Prieto and she is a Registered Nurse who has a broad base of health sector knowledge across the care continuum, developed through hospital,

### Admin Message Cont:

Long-term care, community, and academic experiences and comes to us most recently from Sienna Senior Living where she was the Assistant director of Care. She holds a Masters in Health Administration and a Certificate in Project Management. She comes to us with experience in both acute care and long-term care and will begin her new role with us on November 9th. We look forward to her arrival.

You will soon be receiving our Resident /Family Satisfaction survey. Please complete the survey as it serves as a valuable tool to help us improve our services. If you need assistance to complete the survey, someone from Recreation or a Volunteer will help you. Your feedback is much appreciated. As we turn another page on our calendars, I wish health and happiness to you and your families. Take care and stay safe. **Terry Collins**

### Welcome

We would like to welcome the following individuals who has recently moved into our home:

Najat Zambaga

Anna Willie

Alejandro Chiu



We hope you enjoy your stay with us

### Prayer for Remembrance Day



For those who were killed in battle  
 For those who gave up their lives to save others  
 For those who fought because they were forced to  
 For those who died standing up for a just cause  
 For those who said war was wrong  
 For those who tried to make the peace  
 For those who prayed when others had no time to pray  
 For those creatures who needlessly die  
 For those trees that needlessly are slaughtered  
 For all of mankind, let us quietly pray:  
 May God holds them in peace  
 May Love flow over the Earth and cleanse us all. This day and for always.

### Goodbye Alexandros

I am sorry to let you know that Alex is no longer working for the recreation department. His last day was Monday, October 12<sup>th</sup>. Alex has started a new chapter in his life and is now living in Sweden. **Alex in Sweden**



**Message from the Social Worker**

We have officially entered the fall season and the weather is continually changing. We just want to remind residents that our temperature is controlled through a central control system. Therefore, if you are finding that your room is too warm or you are feeling cold, please advice the nurse on the unit and we will engage our maintenance team to try and find a comfortable temperature for your room. Take care and be well.

**Karriane Edwards**

**Farewell Friends**

- Elaine Beuth**
- Shirley Alton**
- Nona Crossley**
- Marjorie Matsuo**
- Margaret Pong**

*What though the radiance which was once so bright~*

*Be now forever taken from my sight,  
Though nothing can bring back the hour  
Of splendour in the grass, of glory in the flower;*

*We will grieve not, rather find  
Strength in the memories that remains  
behind.*



**GOLDEN ANNIVERSARY & FUNDRAISER FOR UNION VILLA**

While 2020 has been filled with unprecedented challenges and crisis, it is also the year that **Union Villa turns 50.** (Official opening was October 24, 1970.)

Our annual Dinner Party has always been a sold-out event allowing us to share our mission, our resident stories, and our funding needs with those in attendance.

Due to COVID-19, our foundation made the difficult decision to forgo the annual in-person Union Villa Dinner Party this November. Still our resilient committee decided to move ahead with a re-imagined event to celebrate our 50th anniversary filled with exciting virtual fundraising initiatives for all to enjoy (and no ticket required) including:

- Special guest messages
- Recognition of our extraordinary frontline and healthcare team
- Online Silent Auction
- Online "Donation of Care" with giving opportunities to support our priority needs

On November 4th at 5 pm, special greetings, messages and added fundraising activities will kick off a 50-hour fundraising drive. The Foundation looks forward to sharing the results of the special event in December Newsletter.

**Veterans Day Prayer and Meditation ~ by Susan Kramer**



You gave for peace with courage  
That families may be free  
So children could grow strong  
And safe they'd ever be.

In giving for the sake of peace  
You may have suffered loss  
Your body may still show its wounds  
From taking up the cause.

May remembrance of your time away  
Your sacrifice for peace  
Spur us on to strive more strongly  
For freedom, that there'll be release.

From causes that sent some away  
To fight that we may freely live  
With gratefulness we thank you,  
veterans,  
For all you gave and give!



**November Birthdays**

In astrology, those born from November 1–21 are Scorpio's scorpions. Scorpions are passionate and intense, yet you may never know given their calm demeanors. They value truth, loyalty, and justice in friends and family. Those born between November 22–30 are Archers of Sagittarius. The Archer's open mind, optimism, curiosity, and enthusiasm make them the travelers of the zodiac. They treasure freedom: freedom to roam, freedom of thought, and freedom to express themselves.

<b>Tehmi</b>	<b>B</b>	<b>Nov 2</b>
<b>Madad</b>	<b>P</b>	<b>Nov 3</b>
<b>Marion</b>	<b>M</b>	<b>Nov7</b>
<b>Maria</b>	<b>A</b>	<b>Nov 7</b>
<b>Iu</b>	<b>P</b>	<b>Nov 10</b>
<b>Juma</b>	<b>S</b>	<b>Nov 10</b>
<b>Jean</b>	<b>L</b>	<b>Nov 12</b>
<b>Purisima</b>	<b>A</b>	<b>Nov 17</b>
<b>Priscilla</b>	<b>D</b>	<b>Nov 17</b>
<b>Alejandro</b>	<b>C</b>	<b>Nov 21</b>
<b>Betty</b>	<b>C</b>	<b>Nov 24</b>
<b>Timothy</b>	<b>W</b>	<b>Nov 25</b>
<b>Valeriana</b>	<b>B</b>	<b>Nov 27</b>

**New Recreation Staff**

Please join me and welcome two new staff members and a Recreation student to the recreation department. Ednelyn Ma and Rebecca Ho who will be joining the team on Monday, November 9<sup>th</sup>. Shannon Harmon will be doing her placement hours starting Monday, November 16<sup>th</sup>





## Message from the Recreation Services Department

### Daylight Saving Time Ends

Daylights Saving Time 2020 ends on Sunday November 1<sup>st</sup>. Did you remembered to turn your clock 1 hour back?

### Memorial Services



Our second virtual Memorial service for 22 residents, who passed away between March and August 2020, was held on Tuesday, October 27<sup>th</sup>.

Thanks to everyone who joined us on Zoom to celebrated

### October Upcoming Events

Sundays, Catholic Mass live stream

Tuesdays, 2<sup>nd</sup>, Floor /Wednesdays 3<sup>rd</sup> Floor, Non-Denomination services

Tuesdays 1:1 Music Therapist with Kayla

Units Holiday Decoration

Dear Santa Letter Week

Take your Christmas Picture

Wed, Nov 11<sup>th</sup>, 10:45 am Remembrance Day Service all floors

Thurs, Nov 12<sup>th</sup>, Residents Council Meeting

Nov 5/12 ,10:30-12:00pm Therapeutic Clown Window Visits UM/ADP Garden

Saturday, Nov 14<sup>th</sup>, Diwali Celebration & Diabetes Awareness day

Thursday, Nov 26<sup>th</sup>, Birthdays Celebration, Floor to Floor

### In Flanders Fields by John McCrae

In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place; and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.  
We are the Dead. Short days ago  
We lived, felt dawn, saw sunset glow,  
Loved and were loved, and now we lie  
In Flanders fields  
Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch; be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep, though poppies grow  
In Flanders fields.



### We will Remember our Veterans



George French  
Norman Summer  
Julius Zakhar  
Magdalene Kirby - Spouse  
Anna Hand – Spouse  
Anna LeMaitre - Spouse



### Ministry of Long-Term Care Updates Residents' Absence Policies

With the rise in numbers of COVID-19 cases in Ontario the past few weeks, government has revised the existing visiting policy that provides direction around residents leaving their long-term care home property. Effective on October 16<sup>th</sup>, the new policy states that **ALL non-medical absences must be approved by the home**. This is a shift, in that prior to this change; short-term absences did not require the approval of the home. Now they do. The policy gives details for three specific types of absences; short-term, temporary, medical.

If the home is in outbreak, or if the home is located in an area where there is evidence of widespread community transmission (as per provincial direction), absences are not permitted at this time except for medical or compassionate reasons. Currently as of October 21<sup>st</sup>, 2020, areas with higher community spread are Ottawa, Toronto, Region of Peel, and York Region.

### Construction updates

Have you looked through your windows lately and noticed that the landscaping work begins and the grounds are looking beautiful? Leveling topsoil, laying sod, planting trees, grass, and shrubs will depend on the weather but all the planting should be done in November and outdoors should be ready for the holidays.



### Diabetes Awareness Month

November is National Diabetes Awareness Month (NDAM), an international celebration focused on raising awareness for all forms of diabetes, its signs and symptoms, and gain support for critical research toward preventing, better treating and curing all forms of the disease. The theme for NDAM 2020 is "Nurses make the differences": "We're All Counting on You!" When it comes to managing diabetes, it's all about the numbers. People with type 1 and type 2 diabetes are constantly monitoring their blood sugar levels and people with type 1 are injecting insulin up to four times a day. Every year this day is marked on November 14, the birthday of Sir Frederick Banting, who co-discovered insulin along with Charles Best in 1922.

### Get your Flu Shot

Everyone is at risk of getting the flu. Get the flu shot to protect you and your family. Flu clinics have started on Tuesday, October 27<sup>th</sup>, and will continue throughout November. Register staff will be going from floor to floor so you can get your shot in the privacy of your room. Simple Steps to prevent the spread of illness

- 1) Get your Flu Shot every year
  - 2) Stay in your room when you are sick
  - 3) Keep common surfaces clean
  - 4) Avoid Touching Your Face
  - 5) Cough and sneeze into a tissue or you sleeve
  - 6) Clean your hands often with soap and water or use hand sanitizer
- "Keep Health" EAT WELL, EXERCISE, SLEEP WELL"